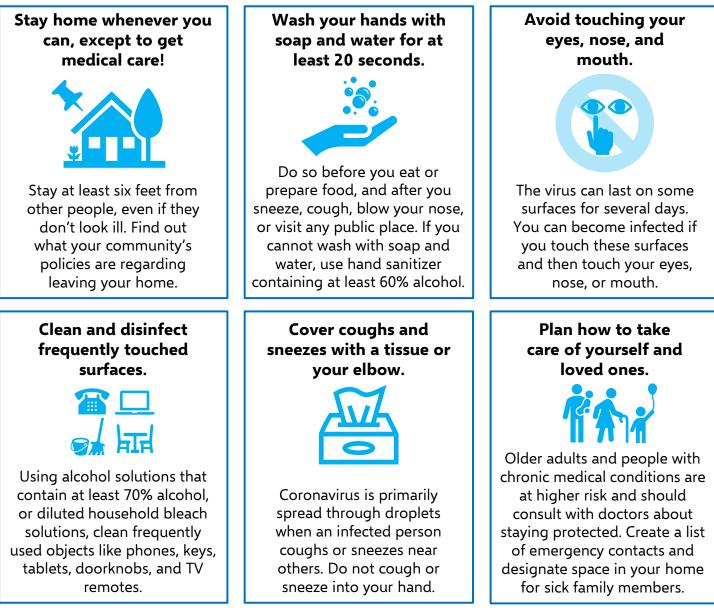
Prevent the spread of COVID-19

Created by the COVID-19 Health Literacy Project in collaboration with Harvard Health Publishing



The DO's and DON'Ts of prevention

Stay home, except to get medical care. If you have severe symptoms, call 911.	Don't leav
Wash your hands with soap and water for at least 20 seconds (or use hand sanitizer with at least 60% alcohol).	🗙 Don't cou
Cover your coughs and sneezes with your elbow or sleeve.	Don't gath
Stay informed by visiting the COVID-19 website of your local health department, the <u>CDC</u> , and the <u>WHO</u> .	Don't visit
Stay connected with friends and family over the phone or video chat.	
www.covid19healthliteracyproject.com www.he	

ve your house or be in groups for ntial purposes.

DON'T

- igh or sneeze into your hands.
- her information from unverified
- t friends and family because you each other at greater risk.

Date of last review: 4/4/20